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## **LGBTQ2S+ supports, services, and resources**

Navigating your communities and the internet for support, allyship, and information can be challenging. We have compiled a list of LGBTQ2S+ resources to help direct you.

### **Bow Valley College Resources**

Bow Valley College Counsellors

<https://bowvalleycollege.ca/student-resources/student-life/counselling>

Phone: 403-410-1440 Email: [counselling@bowvalleycollege.ca](mailto:counselling@bowvalleycollege.ca)

Student Association of Bow Valley College – SABVC

<https://sabvc.ca/>

Sexual Violence Response Advisor

<https://bowvalleycollege.ca/student-resources/sexual-harassment-and-sexual-assault-support/students-who-experienced-or-witnesses-sexual-violence>

### **Resources in the Calgary area**

Calgary Distress Centre – 24 Hour Crisis Line

[www.distresscentre.com](http://www.distresscentre.com)

Phone: 403-266-4357

Email: [help@distresscentre.com](mailto:help@distresscentre.com)

Centre for Sexuality

[www.centreforsexuality.ca](http://www.centreforsexuality.ca)

Phone: 403-283-5580

Email: [info@centreforsexuality.ca](mailto:info@centreforsexuality.ca)

Location: 700-1509 Centre Street SW, Calgary

Hours: Monday to Friday, 9:00 a.m. – 4:00pm

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Skipping Stone – Trans and Gender Diverse Individuals

[www.skippingstone.ca](http://www.skippingstone.ca)

Phone: 587-333-4342 Email: [info@skippingstone.ca](mailto:info@skippingstone.ca)

Location: 1250-407 2 Street SW – Calgary, AB

The Alex Youth Health Centre – Age 12 to 24

[www.thealex.ca/youth-health-centre/](http://www.thealex.ca/youth-health-centre/)

Phone: 403-520-6270 Text: 403-680-9627

Email: [youthinfo@thealex.ca](mailto:youthinfo@thealex.ca)

Location: 104-2840 2 Ave SE – Calgary, AB

Hours: Monday to Friday, 10:30 a.m. to 5:15 p.m.

Booking by appointment only

Centre for Newcomers – LGBTQ+ Newcomer Services

<https://www.centrefornewcomers.ca/lgbtq>

To make an appointment or receive more information, please email:

Boban Stojanovic at [b.stojanovic@centrefornewcomers.ca](mailto:b.stojanovic@centrefornewcomers.ca)

or Kelly Ernst [k.ernst@centrefornewcomers.ca](mailto:k.ernst@centrefornewcomers.ca)

Unity Mosque – Non-Gender Segregated LGBTQ+ Affirming Juma Circle

<https://www.facebook.com/ETJC.CalgaryAlbertaUnityMosque/>

Temple B'nai Tikvah – LGBTQ+ Affirming Reform Jewish Temple

<http://templebnaitikvah.org>

Phone: 403-252-1709

Location: 900-47 Ave SW, Calgary

End of the Rainbow Foundation – Various Peer and Professional Supports for Sexual Orientation & Gender Identity/Expression

<https://endoftherainbow.ca/support/>

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Calgary Queer History Project – Learn About our Queer History

<https://calgarygayhistory.ca>

### **Resources in Alberta**

Alberta Health Services – LGBTQ2S+/Sexual and Gender Diversity

[www.albertahealthservices.ca/info/Page15590.aspx](http://www.albertahealthservices.ca/info/Page15590.aspx)

Phone: 811 Health Link – Health Advice 24/7

TESA – Trans Equality Society of Alberta

[www.tesaonline.org](http://www.tesaonline.org)

Email: [info@tesaonline.org](mailto:info@tesaonline.org)

Facebook: [Trans Equality Society of Alberta](https://www.facebook.com/TransEqualitySocietyofAlberta)

Twitter: [@TESAonlineorg](https://twitter.com/TESAonlineorg)

Location: Edmonton, AB

Alberta LGBTQ+ Chamber of Commerce – Networking for LGBTQ+ Businesses & Professionals

<https://www.ab-lgbt.com>

Alberta Civil Liberties Research Centre – LGBT Resources

<http://www.aclrc.com/lgbt>

### **Resources across Canada**

Affirming Connections – LGBTQ+ Affirming Churches

<https://affirmingconnections.com/ministrymap>

Trans Lifeline – Telephone Support Run by Trans People for Trans People

<https://translifeline.org>

Phone: 1-877-330-6366

Pride at Work Canada – Inclusive Job Board

<https://prideatwork.ca/joblist/>

Egale

[www.egale.ca](http://www.egale.ca)

International Resources

Ilga World – The International Lesbian, Gay, Bisexual, Trans and Intersex Association

[www.ilga.org](http://www.ilga.org)

OutRight Action International

[www.outrightinternational.org](http://www.outrightinternational.org)